

TREKKER GT



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Preface

Thank you for choosing a product from Drive DeVilbiss.

You will not be disappointed by the design, functionality and quality of this product.

Please read these operating instructions carefully prior to initial use. They contain important safety information and valuable tips for the proper use and care. If you have questions or need additional information, contact your Drive DeVilbiss specialist dealer who supplied your product.

These operating instructions contain all of the important information for adjustment and operation. The most current operating instructions are available as a PDF online or can be requested from customer service.

Enlarged formats for visually impaired persons can be displayed. Blind patients must be instructed by their attendant. Repairs as well as some adjustments require special technical training and must therefore be made by the medical supplies dealer.

Declaration of conformity

For the product described, DRIVE MEDICAL GMBH & Co. KG declares compliance according to the medical device regulation (EU) 2017/745.

Service life

Our company assumes a service life of five years for this product as long as the product is used as intended and all maintenance and service requirements are observed.

This service life may be significantly exceeded if the product is carefully handled, repaired, maintained and used and there are no technical limits based on the further development of science and technology.

The service life may also be significantly shortened through extreme and improper use, however. Determination of the service life by our company does not represent any additional guarantee.

Disposal

If you no longer need the product, please contact your specialist dealer or bring the product to your local disposal center.

Identification plate



1 Article number | 2 Article name | 3 Manufacturer | 4 Serial number | 5 UDI code | 6 Max. load | 7 Follow the instructions for use | 8 Medical device | 9 Production date (year-month)

Reuse

This product can be reused. Please note that all technical documents needed for safe handling must also be given to the new user.

The product must be checked by the specialist dealer, cleaned, and restored to optimum condition.

Always follow the manufacturer's instructions during preparation; these are made available on request.

Accessories are available from your specialist dealer or at **www.drivedevilbiss.de**

Warranty

The warranty period for the product supplied by us is 24 months from the date of purchase. Defective parts will be replaced free of charge if it can be shown that there is a defect in materials or manufacturing.

Parts subject to wear are generally not covered during the normal guarantee period unless the parts need repair or replacement which became necessary as a clear, direct consequence of a manufacturing or material error.

We reserve the right of error and modifications on the basis of technical improvements and changes in design.

EXCLUSION OF WARRANTY

Parts subject to wear include (among others): wheels, brakes and handles

Parts of the product



TREKKER GT

1. Base frame
2. Frame with handle
3. Height adjustment
4. Backstop
5. Wheel with brake

Intended purpose

Walking aids for children usually consist of a tubular frame with four rollers or wheels. They can be fitted with seats, backrests and pelvic supports and different restraint systems, which give children the freedom of movement so that they are able to move around their living area independently or with the help of an assistant.

Indication | Contraindication

INDICATION:

Walking aid for children and adolescents for use indoors to compensate for or improve limited walking ability and for correction of body posture problems.

To maintain/promote/safeguard walking and standing (gait training).

The objective is to learn active walking or independent locomotion, to expand a limited radius of action, and to compensate for gait unsteadiness.

The Trekker GT Kids walker can be pulled behind the body or pushed in front of the body. As a result, the walking aid increases rear stability when standing and it offers optimal freedom of movement of the legs.

CONTRAINDICATION:

Limitation of mobility in the case of impaired movement/coordination/balance – but still adequately preserved ability to walk if the use of other walking aids is not sufficient.

In general, the indication for gait training should be made under medical/orthopedic supervision. For this reason, prior to the provision of the walking aid, it should be clarified in this regard whether there are contraindications regarding the patient.

Gait training aids should generally not be provided if, for example, a foot malposition and/or pain symptoms are present.

If you are unsure regarding the indication and contraindication, talk to the responsible physician and/or the rapist.

Scope of delivery

1 x	Trekker GT children's walking frame
1 x	Instructions for use

Safety instructions

- Read these instructions for use carefully.
- All components should be checked for damage and a secure fit prior to use. Do not use product if there are any defects!
- Use the product only as a walking aid!
- Use the product only on an even and solid surface
- Take note of the permitted maximum weight of the user. This information can be found in the technical data in these instructions for use as well as on the identification plate.
- Use on escalators and the like is expressly prohibited!
- Do not hang any bags on the handle – risk of tipping!
- When folding | unfolding the product, clothing and body parts can be pinched.
- Protect the product from direct sunlight. Product parts can become hot and cause skin injuries if touched.

- The product should not be exposed to temperatures above 60°C for long periods of time (for example, use in a sauna, etc.).
- Prior to each use, ensure that your product is intact and all adjustable parts are properly secured.
- Check the screws on the product regularly and tighten, if necessary!
- The correct use of the product requires accurate and careful training of the caregiver.
- Users who have difficulty reading must have the instructions for use read to them in order to understand how to handle the product.
- For indoor use only!
- Use only under supervision.

Preparing for use

Raise the upper part of the frame into the upright position (**photo. 1**). Both bars automatically click into the recesses of the frame.

Warning! Ensure that the bars have properly snapped into place to prevent the product from unintentionally collapsing!



Important: The size M and L frame is foldable; the size S frame is not foldable!

Most of the accessories (optionally available) are secured to the frame using clamps and adjusting rods (**photo. 2**).

Adjusting the Trekker GT base frame



Adjusting the frame with handle

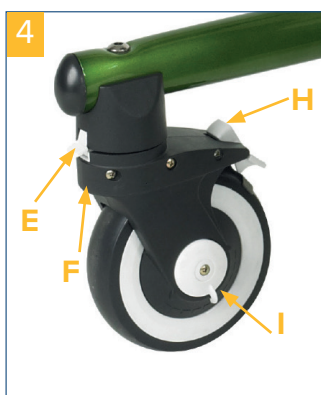
By pressing and holding the lever (J), the desired height can be adjusted in increments.

Now release the lever (J) (**photo. 3**).

Important

Ensure that the levers have correctly snapped into place (a clicking sound can be heard when they snap into place) and that the frame can no longer be moved.

Adjusting the wheels (brakes and lock – direction of movement)



1. Each wheel can be locked individually for directional stability. This locking supports the user in learning to walk in a straight line. Locking both rear wheels prevents sideways slipping when walking, while the front wheels are still steerable. To lock the wheels, the locking lever (E) must be pushed into the hole (F) of the wheel (**photo. 4**).

2. Each wheel can be adjusted such that it rolls in only one direction. This is useful for users who have difficulties walking and involuntarily roll backwards. To do this, push the pin (G) downwards until it clicks into place. When rolling forward, the wheel makes a clicking sound (**photo. 5**).

3. Using the brake pedal (H) the speed of the gait trainer can be adjusted in increments or it can be completely braked. The further the pedal is pressed downward, the greater the rolling resistance. Press the pedal all the way down to brake the gait trainer (**photo. 4**).

Folding for transport

The Trekker GT gait trainer (only sizes M and L) can be folded up for easier transport. To do this, bring the accessories and upper frame into the lowest position.

It is recommended to stand behind the gait trainer in or-

der to fold it up. Lift both bars (J) and collapse the frame as shown (**photo. 6**).



Maintenance instructions

- Regularly check the metal and screw connections for wear and stability and ensure stability. Tighten screws, if necessary.
- Check in particular that the wheel locks have clicked into place. Contact the responsible dealer if a connection is not in proper form.
- In the event of defects, contact your specialist dealer from whom you purchased this product.
- Check the condition of the wheels regularly. They are „fail-safe“, meaning that you do not have to check air pressure or fill them with air. Always check the tires for cracks or other damage, however.
- Necessary repairs/maintenance may be performed only by trained personnel.

Cleaning / Disinfection

- Clean regularly by hand with a moist cloth!
- Do not use any aggressive cleaning agents!
- Do not use abrasive cleaners!
- Do not use any high-dose chlorine and vinegar-based cleaners!
- To disinfect, a spray disinfectant can be used such as Descosept AF or Bacillol AF.

Mounting of accessories (optionally available)

General

Accessories can be attached to the frame and adjusted depending on the desired therapy, the user's motor skills, and the accessory selection.

Forearm support

(S = Art. no.: TK1035S; L = Art. no.: TK1035L)

Mounting:

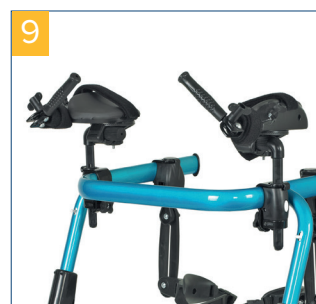
1. Open the clamp by loosening the screw and swiveling

it downwards. Then swivel the swivel bracket upwards (**photo. 7**).

2. Position the clamp of the forearm support on the oval upper frame, swivel the star screw upwards and tighten (**photo. 8**).



3. It is recommended to mount the forearm support in front of the main frame tube (**photo. 9**). This entails a stable position and offers enough space for mounting the other accessories. For users with slim bodies, the forearm supports can be mounted on the inside (**photo. 10**).



Hip belt

(S = Art. no.: TK1080S; M = Art. no.: TK1080M; L = Art. no.: TK1080L)



The hip fixation aid (hip belt) is mounted directly behind the main frame tube. Ensure that the "Top" marking on the back cushion is facing forward and that the straps needed for securing the back cushion run behind it (**photo. 11**).

Seat harness

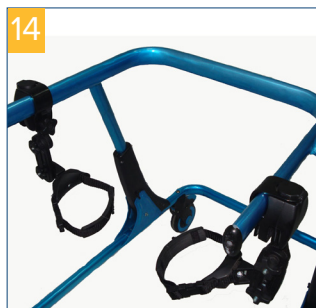
(S = Art. no.: TK1070S; L = Art. no.: TK1070L)

When the seat is intended to support a forward inclination, mount the accessories with both clamps and adjusting rods (A) at the end of the upper frame (**photo. 12/13**).



Thigh strap

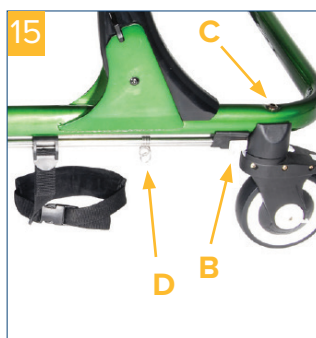
(S = Art. no.: TK1090S; L = Art. no.: TK1090L)



The thigh straps work best when they are mounted behind the hip belt on the upper frame. The clamps differ from the clamps of the other accessories, however they are mounted in the same way (**photo. 14**).

Ankle wrap

(S = Art. no.: TK1060S; M = Art. no.: TK1060M; L = Art. no.: TK1060L)



Mounting the ankle wraps
Insert the end of the rod from the opposite side of the clamping ring (B) into the hole (C) of the rear wheel. Now insert the end of the rod with the clamping ring (B) into the hole of the front wheel such that the clamping ring lies flat against the wheel.

Now push the clamp spring (D) by pressing both tabs together at the spring tightly onto the rear wheel such that the rod can no longer be moved (**photo. 15**).

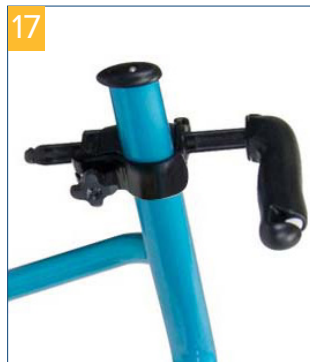
Handle

(Art. no.: TK1045)



Open the clamp by loosening the screw and swivel it downwards.

Then swivel the swivel bracket upwards (**photo. 16**).



2. Position the clamp of the forearm support on the oval upper frame, swivel the star screw upwards and tighten.

3. It is recommended to mount the forearm support in front of the main frame tube (**photo. 17**).

Adjustment of accessories (optionally available)

Forearm support

(S = Art. no.: TK1035S; L = Art. no.: TK1035L)

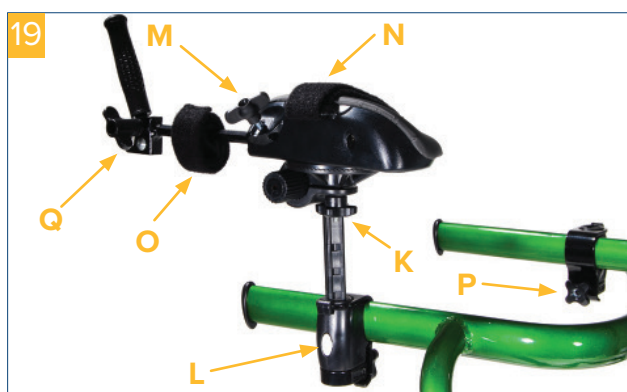


1. Loosening the screw (K) enables a variety of adjustments: (**photo. 18**).

- Adjustment of the arm supports towards/away from the body
- Rotation of the arms angled upwards or downwards

- Rotation of the arms angled inwards or outwards
- Adjustment of the arm support forward or backwards

2. To adjust the height of the forearm support, press the button (L), adjust the forearm support in the desired position, and release the button. The arm support is correctly locked when the button audibly clicks into place (this is facilitated by slightly raising or lowering the arm support) (**photo. 19**).



3. The screw (M) is used to adjust the length of the handle for different forearm lengths and the rotation in an angle from left to right.

4. The arm strap (N) and wrist strap (O) secure the user's arms. Use of the wrist strap prevents the arm from acci-

dentally slipping off the forearm support.

5. The width between the forearm supports can be adjusted by removing and repositioning the clamps and adjusting rods.

- **Step 1:** Loosen the screw (K) and remove the forearm support.
- **Step 2:** Press the button (L), pull out the adjusting rod, and rotate in the desired position.
- **Step 3:** Place the forearm support back onto the adjusting rod and tighten the screw (K). Steps 1 and 2 show the position of the clamp on the inside of the upper frame. Step 3 shows the position on the outside which increases the distance between the arm supports (**photo. 19**).

Hip belt

(S = Art. no.: TK1080S; M = Art. no.: TK1080M; L = Art. no.: TK1080L)

1. To adjust the width of the hip belt, the clamps can be attached to the inside or outside on the upper frame (**photo. 9/10**). Then the lateral holders can be moved inwards or outwards by loosening the screw (S).
2. To adjust the height, press the button (T), adjust to the desired height, and release the button. The adjusting rod is correctly snapped into place when the button audibly clicks into place.
3. By loosening the screw (T) the hip belt can be adjusted forward or backwards on the frame or completely removed, as shown in photo 20.



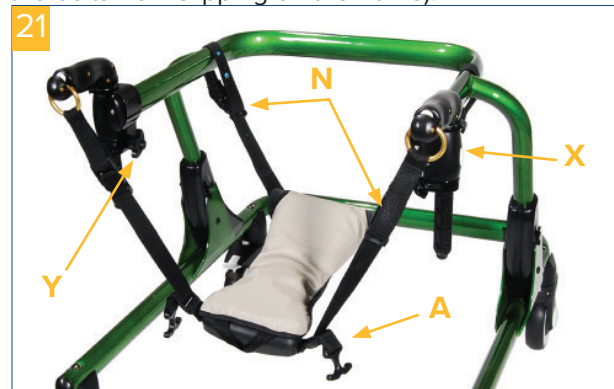
4. The four straps (V) can be used individually for adjustment or loosening or to change the angle of the forward-inclined position (**photo. 20**).

Seat harness

(S = Art. no.: TK1070S; L = Art. no.: TK1070L)

1. To adjust the height of the rear part of the seat, press the button (X), adjust to the desired height, and release the button. The adjusting rod is correctly snapped into place when the button audibly clicks into place.
2. By loosening the screw (Y) the rear part of the seat can be adjusted forward or backwards on the frame or completely removed, as shown in **photo 21**.
3. The belt buckles (Z) are used to secure the front and rear part of the seat. Secure the front belt fasteners as desired. Attach the rear belt fasteners on the adjusting rods for additional height adjustment as shown or directly on the upper frame (the caps on the end prevent

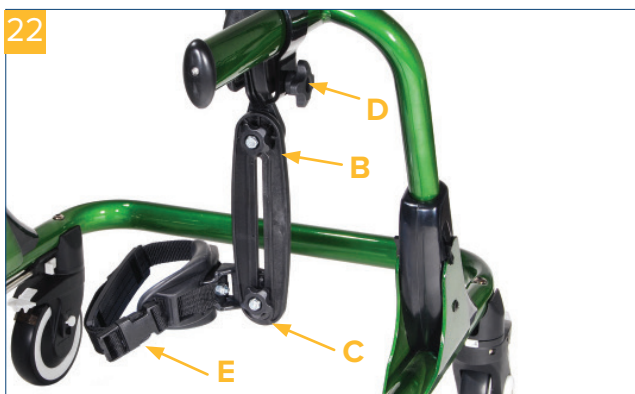
the belts from slipping off the frame).



4. The belt buckles (A) are used to adjust the height of the seat (**photo. 21**).

Thigh strap

(S = Art. no.: TK1090S; L = Art. no.: TK1090L)

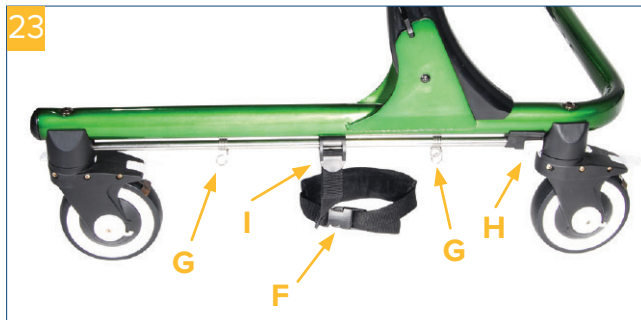


1. The thigh strap can be adjusted towards or away from the user by loosening the screw (B). Retighten the screw.
2. The height or angle of the thigh strap can be adjusted by loosening the screw (C).
3. By loosening the screw (D) the thigh strap can be adjusted forward or backwards on the frame or completely removed, as shown in photo 22.
4. The strap can be applied to or adjusted at the thigh using the belt fastener (E) (**photo. 22**).

Ankle wrap

(S = Art. no.: TK1060S; M = Art. no.: TK1060M; L = Art. no.: TK1060L)

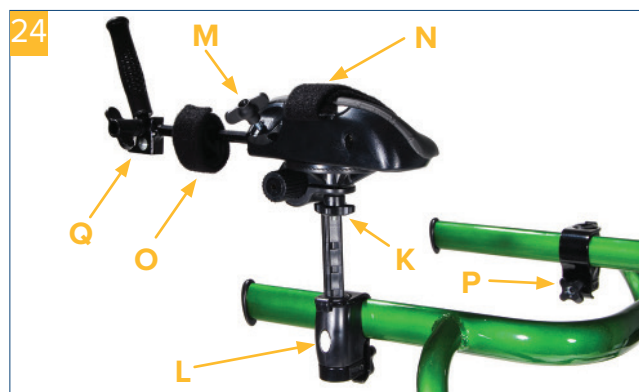
1. The strap can be applied to or adjusted at the ankle using the belt fastener (F)
2. The step guidance can be adjusted by pressing and moving the clamp springs (G) on the rods.
3. The ankle wrap can be completely removed by moving the clamp springs (H) away from the wheel, as shown in **photo 23**.



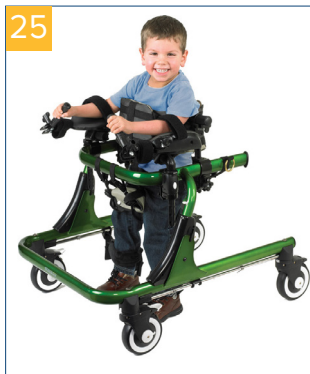
4. The belt fastener (I) is used for lateral adjustment of the ankle wrap (**photo. 23**).

User positioning

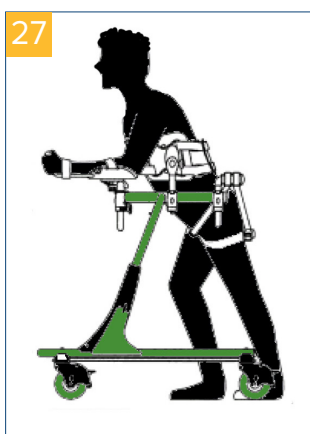
1. Operate the parking brakes to brake the gait trainer.
2. Open the rear belt fasteners of the seat and the rear belt fasteners of the hip belt. Loosen the straps on the forearm support, thigh strap and ankle wrap.
3. Place the user in the gait trainer and close the rear clasps of the hip belt.
4. Tighten the straps on the legs.
5. Secure the forearm support using the arm straps.
6. Close the thigh strap and the straps of the ankle wrap.
7. Adjust the desired height of the hip belt.



8. Adjust the forward-leaning position (angle of inclination) using the straps of the hip belt (**photo. 24**). Ensure that the upper edge of the hip belt does not rest in the armpits in order to avoid pressure points.
9. Adjust the width, height and angle of the arm supports (**photo. 20**).
10. Adjust the height, angle and length of the strap for leg guidance (**photo 14**). The legs can be adjusted closer together or further apart in this way. It additionally prevents the body from twisting in the gait trainer.
11. Adjust the straps of the ankle wrap for leg guidance (**photo. 15**).
12. Release the brakes (**photo. 25**).



Usage hints



Ensure that the center of gravity of the body is as centered as possible between the front and rear wheels.

If supports are used individually and in extreme positions (too far behind or forward), the user's center of gravity shifts forward or backwards and there is a risk of the gait trainer tipping over.

Warning!

If supports are used individually and are positioned at the end of the frame, there is an increased risk of tipping!

Photo 26 shows the normal position. Ensure that the forward-inclined position is achieved by the different adjustment of the upper and lower strap at the back of the trunk support and placement of the hip fixation behind the shoulders.

Photo 27 shows the adjustment of an extremely forward-inclined position. Note the different adjustment of the upper and lower strap of the hip belt. The front and rear strap of the hip fixation is placed on the adjusting rods at the very end of the upper frame. The forearm supports must be attached at the front of the upper frame. As shown in photo. 27, the supports can be positioned very far to the front or rear.

Technical Data

SIZE	TREKKER S		TREKKER M		TREKKER L
Color	warrior blue	magic green	magic green	warrior blue	sword grey
Article number	706000100	706000110	706000200	706000210	706000300
Height (up to approx.)	114 cm		122 cm		155 cm
overall length	830 mm		820 mm		960 mm
Overall width	575 mm		660 mm		700 mm
Overall height	380 - 475 mm		540 - 660 mm		740 - 995 mm
Width between handles	350 mm		450 mm		490 mm
Width between rear wheels	450 mm		540 mm		580 mm
Size front wheels	Ø 140 mm				
Size rear wheels	Ø 140 mm				
Weight	10,5 kg		12,5 kg		16,5 kg
Load max.	34 kg		68 kg		91 kg
Material frame	Stahl / Aluminium				

Matching accessories available separately

SIZE	TREKKER S	TREKKER M	TREKKER L
Forearm support	Art. Nr.: TK1035S	Art. Nr.: TK1035L	
Seat harness	Art. Nr.: TK1070S	Art. Nr.: TK1070L	
Hand strap	Art. Nr.: TK1010	Art. Nr.: TK1010	Art. Nr.: TK1010
Hip bel	Art. Nr.: TK1080S	Art. Nr.: TK1080M	Art. Nr.: TK1080L
Thigh strap	Art. Nr.: TK1090S	Art. Nr.: TK1090L	
Ankle wrap	Art. Nr.: TK1060S	Art. Nr.: TK1060M	Art. Nr.: TK1060L
Handle	Art. Nr.: TK1045	Art. Nr.: TK1045	Art. Nr.: TK1045